

Frequently Asked Questions SOTH

How do I get to Spirit of the Heavens?

GET DIRECTIONS - [link to google map](#)

Spirit of the Heavens is about 15 minutes outside the city of Sedona. There is a 2 mile dirt road once you turn onto 89B. You will follow the road until it ends at Spirit of the Heavens. You will not need a high clearance vehicle to pass this dirt road and the road is very well maintained. You will need to exercise special care if the weather is or recently has been stormy. Please call us before you begin your journey if you are unsure of road conditions as cell reception is spotty once on the dirt road. Please observe our non-posted speed-limit of 15MPH. Safe travels and we can't wait to see you!

Can I have my retreat at Spirit of the Heavens?"

We are not presently open for retreats. Please inquire for future possibility.

Can I bring my food/picnic?

For now, you are permitted to bring your own pre-prepared food in. Please know there are no cooking or food-prep areas on site.

Can I swim in the creek?

YES! We invite you to experience the sacred waters of Oak Creek. Please bring appropriate swim attire - swimwear is mandatory. There is no lifeguard on duty. Please do not cliff or rock jump, dive or behave irresponsibly. Children under 12 must be accompanied by an adult.

Do you host events and/or weddings?

Someday soon we will be offering specialty events like proposals and weddings, but we are not there yet!

What does my Day Pass include?

Your day pass includes access to the entire outer grounds anytime between the hours of 9am to 5pm on the day you purchased your pass. Parking is included. You may swim in the creek at no additional charge - showers can be purchased for an additional \$10 per person. You may roam and explore the land freely. Private property and restricted areas are clearly marked, please observe and respect these areas. If you are unsure, please see the digital map ([LINK TO MAP](#))

Can I show up without tickets?

Tickets are required to enter. Please book and reserve online as we have limited daily capacity. If you have any trouble booking online, please call us for assistance. If you have added individuals to your party and you've already purchased your tickets, call us and we can update your party information - if its last minute, they may enter with you and purchase additional tickets onsite.

Do you offer lodging?

We do and we would LOVE to host you! Presently all bookings are being through AirBnB and our website. Please click [HERE](#) to link to our page. See you soon!

Can I smoke/do plant medicine/drink while onsite?

We do not encourage partaking in any substance which may impair your ability to drive down our dirt road safely, therefore - this is not allowed.

Are you affiliated with any religion?

We are not. We appreciate each individual's sovereignty and request that while you are at Spirit of the Heavens you practice acceptance, tolerance and open-mindedness toward all individuals.

What does Eco-Friendly mean?

Simply defined as: "Not Harmful to the Environment". Spirit of the Heavens has taken great care and consideration into ensuring that we are the most Eco-Friendly Lodging destination. From 100% organic linens, towels, mattresses along with sulfate free, paraffin free, chemical free, cruelty free and vegan soaps, shampoos, conditioners and lotions.

What is a Chakra Site?

In various spiritual and healing traditions, a chakra site refers to specific points in the body where energy is believed to be concentrated. Chakras are considered centers of vital energy or life force, and they are commonly associated with Hindu and Buddhist traditions. There are typically seven main chakras, each associated with different aspects of our physical, emotional, and spiritual well-being. These chakras are often depicted as spinning wheels or vortices of energy along the body's midline, from the base of the spine to the crown of the head. Balancing and harmonizing these chakras is thought to promote overall health and well-being.

What is a Vortex?

In the context of spirituality and metaphysics, a vortex is often associated with energy centers or sites believed to have heightened spiritual or energetic qualities. These vortexes are thought to create a swirling or spiraling flow of subtle energy, and some people visit such locations for healing, meditation, or personal transformation. Sedona, Arizona in the United States is one well-known location often associated with vortexes.

What is a Medicine Wheel?

In spirituality, a medicine wheel is a symbolic and ceremonial tool used by some Native American cultures, particularly those of the Great Plains region. It represents a holistic understanding of life and the interconnectedness of all things. The medicine wheel typically consists of a circular arrangement of stones, often placed on the ground, that is divided into four quadrants or directions: east, south, west, and north. Each direction is associated with specific elements, animals, colors, seasons, and stages of life.

The medicine wheel is used for various purposes, including healing, guidance, and spiritual teachings. It can serve as a framework for understanding and harmonizing with nature, as well as a tool for personal reflection and growth. Ceremonies and rituals conducted within the medicine wheel may involve prayer, meditation, storytelling, and the honoring of ancestors and spiritual guides.

It's important to note that different Native American tribes may have unique interpretations and uses of the medicine wheel, as spirituality and cultural practices can vary among indigenous communities.

What is a Divinity Site?

Divinity sites are centers believed to have heightened energetic qualities within which guests have attuned to what they perceive to be "higher guidance". We invite you to sit, connect or meditate in our Divinity Sites and see what comes to you.

What is a Water Wheel?

The Water Wheel at SOTH is a sacred geometry design based on a Native American medicine wheel. The Water Wheel is believed to energize, celebrate and honor water or the spirit of water. Water Wheels are believed to be activated by our thoughts and intentions. Our Water Wheel has been created with the intentions of love, gratitude, appreciation. These intentions have been scientifically proven to alter the very structure of water cells.

Do you have WiFi?

We do! Please inquire at the Opal Office for login and password details.

Is there cell service at SOTH?

For some, the service is intermittent and for others, the service seems better. We offer free WiFi to assist your connectivity while at Spirit of the Heavens.

Can I gather "souvenirs" from the land, or other keepsakes?

We have taken great care here at SOTH to place sacred stones intentionally around the property. These are meant to be where they are, please do not play with, damage, alter or remove them. Many of these items can be purchased in the gift shop and we'd be happy to help you find what you are looking for. If you are unfamiliar with the concept of "Karma", we encourage you to inform yourself and keep this in mind.

Is parking available?

Yes, parking is included in your pass!

How do I book and get a ticket?

All of our booking is done online for your convenience. Please click [HERE](#) to go to our online shop.

What is your Cancellation Policy?

You may re-schedule your ticket once within a year as long as its 48 hours before your initial visit date. You must call the office to re-book.

What is your Refund Policy?

We do not offer refunds on tickets. We are open rain or shine.

What is your Pet Policy?

We allow you to bring your pet but require they be on a leash. You must pick up and dispose of pet waste in the appropriate manner (in the designated trash bins around the property).

What Forms of Payments Do You Take?

We take cash, credit and debit cards, tap-touch (mobile pay). We are a paperless company. All receipts will be digital. If you need an additional copy of your receipt - we can re-email it to you.