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# GROUP GUIDELINES & CONDITIONS April 1, 2019

#### **CONCEPT OF CO-FACILITATING:**

- ❖ It is our vision that every Retreat is a collaboration between Angel Valley and the visiting facilitator. Rather than just providing a facility, Angel Valley gives a 2-part presentation during all Group Events. Each component is designed to enhance the entire Angel Valley Experience, supporting both the facilitator and the group participants in making their own unique contact with the sacredness of the land, and with the subtle energies and less visible presences.
- The first part, in addition to a welcoming with some practical details during the first dinner, is presented by Amayra. It is a familiarizing with the energy of Angel Valley and the land. Duration about 1 hour.
- \* The second part by Michael entails a sharing of NuLemurian consciousness & philosophy. Duration about 1 hour.
- \* The facilitator determines when these presentations best fit in their schedule.
- \* In case a facilitator desires a more extensive format of the aforementioned presentations or a more comprehensive participation in the facilitation of the overall program, this can be arranged at an additional charge.

#### **SPECIFIC GROUP PRICING INFORMATION:**

- The group rate is based on groups of minimal 10 paying participants. It includes accommodations, vegetarian/vegan/raw/living food meals, use of a group meeting facility, and 2 presentations by Angel Valley staff.
- All pricing is based upon shared accommodations: 2 persons per room or cottage in single beds. King size beds for couples are available in some rooms and cabins.
- The maximum capacity is 22 guests, with the possibility of extending this to 26 by adding a 3<sup>rd</sup> bed in a few spaces.
- Each room or cabin has its private bathroom, attached for rooms and a few cabins, not attached for other cabins.
- Although we do offer the option of a 4-day/3-night event, we highly recommend a minimum of 5 days/4 nights.
- ❖ One facilitator is complementary. For 18 paying participants, two facilitators are complementary. They will share one room or cabin. The fee for a co-facilitator with 10-17 participants is participants fee minus \$200. Under 10 paying participants, a co-facilitator pays full participants fee.
- Group rates for 10 participants: 4-day/3-night \$750.00 per person, 5-day/4-night \$850.00 per person, 6-day/5-night \$1,050.00 per person, 7-day/6-night \$1,250.00 per person, 8-day/7-night \$1,450.00 per person.
- With less than 10 participants, there is an extra charge per person per day/night. We can email you a quote for the fees that apply for smaller groups. With less than 6 participants group rates and conditions do not apply.
- The facilitators are invited to spend an extra day/night before or after the retreat as our guest. No meals provided.
- For single occupation there is an additional charge of \$50.00 per night. Availability of a private space depends on the size of the group. Reservations for a private room or cottage cannot be guaranteed until the day of arrival.
- Group participants who stay off-site have all meals included. They pay full participants fee minus \$75 per day.
- Extra nights before or after the group retreat: participants pay \$100.00 single use, \$130.00 double per night. Meals are not provided. In case meals happen to be available: \$20.00 for breakfast, \$25.00 for lunch, \$30.00 for dinner. Participants make their extended stay reservations and payments directly with Angel Valley's office.

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#### **GENERAL GROUP INFORMATION:**

- For images and descriptions of Angel Valley's facilities and services visit our website <a href="www.angelvalleysedona.com">www.angelvalleysedona.com</a>.
- ❖ Group events start after 1:00 PM on the arrival date and end at 11:00 AM on the departure date. Using the Angel Valley facilities for event purposes after 11:00 AM on the day of departure requires additional arrangements.
- ❖ A group will use the Crystal Hall as their meeting space.
- Angel Valley receives payment from the facilitator. Additional nights before or after the event are arranged directly with Angel Valley.

#### **SHARED USE of ANGEL VALLEY:**

Group participants are sharing the facilities of Angel Valley with other Individual Guests, or Day Visitors, except for their designated meeting space, which is exclusively for use by the group, and the assigned rooms, cabins and bathrooms.

# **MEETING FACILITY** see www.angelvalleysedona.com/pages/meeting.html:

❖ Crystal Hall is 32 x 34 ft = 1100 sq. ft. (9.6 x 10.3 m = 99 square meters), seats up to 120 auditorium style, and provides space for up to 40 in yoga, movement, or dance. It is a comfortable group work space for 20-40. The room currently has a concrete floor with in-floor + air heating and is air-conditioned. There is sound equipment.

#### **MEALS:**

- ❖ Vegetarian / Vegan / Raw Living meals are served: dinner on day of arrival, x days with 3 meals, breakfast on day of departure. The food is organic to the highest possible degree, is non-GMO, is freshly made, and does not contain soy, refined sugar, spinach or other questionable ingredients. Our food choice is based on our focus to serve high vibrational food, that is most conducive for the work a group will be doing during their stay at Angel Valley. Please, visit www.angelvalleysedona.com/pages/dining/dining.html.
- ❖ Dietary needs, like gluten free are honored. Please, communicate in advance.
- **Drinks** (water, teas and coffee) are available during meals.
- ❖ Meals are served **buffet style** in the Angel Lodge dining room.
- **Mealtimes** are determined in the contract. Facilitators are expected to honor the pre-arranged times.
- Around two weeks prior to the event, menu preferences and specifics on dietary needs must be determined by submitting the **meal questionnaire**.
- \* Teas can be made available in the Crystal Hall. Snacks between meals, if desired, are provided by the facilitator.

#### **MISCELLANEOUS:**

- Facilitators are invited to promote their event via the Angel Valley website, including a reciprocal link exchange, after receipt of the signed contract, initialed Guidelines and Conditions (please, keep copies) and first payment. Please, provide information on your event and photo material.
- We highly encourage the facilitator to take advantage of our invitation to enjoy a complementary day and night's stay before their event, to get in tune with the energy of the land, or to enjoy the integration of their work.
- The contract is signed by the main facilitator, who is held responsible, even in case a different person is the actual organizer of the event.

# ADDITIONAL OPTIONS FOR A GROUP, MADE AVAILABLE AT EXTRA CHARGE:

- ❖ Fire Ceremony: \$200.00 for each ceremony. With 11 or more participants the fee is \$20 per person. The fire is prepared and maintained, seating arranged. A scheduled fire ceremony has to be approved by Angel Valley management on the chosen day. If weather conditions do not allow a fire, an alternative water ceremony is offered.
- Other group sessions by Angel Valley practitioners: 6 persons or more \$50 per person, with a minimum of \$300.
- Practitioners from outside organized by the facilitator pay 10% of the fee they receive to Angel Valley.

#### **ANGEL VALLEY HOLISTIC HEALING SERVICES:**

Some Facilitators schedule free time within their group program to allow for participants to integrate their experiences through Individual Services. In this free time Angel Valley Holistic Healing Services can be made available, most services arranged in advance. Scheduling of sessions is organized by Angel Valley Staff. Payment is directly to Angel Valley.

# **Angel Valley Services for Individuals:**

Individual one-hour session – Fee \$150. Individual sessions of 1.5 hours are \$200.

Vortex Tours, Angel Walks of 2 hours for 1 or 2 persons, \$200 Additional persons \$50. 6 persons or more \$50 per person.

In several of the sessions offered, the practitioner combines a number of the modalities listed below.

**Affirmations** Channeled Writing Massage Angel Connection Counseling Mayan Signature Angel Healing Crystal Skulls Reiki Aura Healing Grief Guidance Sound Therapy Intuitive Coaching Body/Energy Work Vortex Experience Labyrinth-Guided Breath Work Vortex Healing

For the most updated available options, see our website www.angelvalleysedona.com/services.html

# STEPS TO MAKE YOUR RESERVATION AFTER COMMUNICATION WITH ANGEL VALLEY

# **Application form**

1. Fill out form and submit to Angel Valley.

#### **Contract Agreement:**

- 1. Terms & Conditions are subject to change until the contract has been signed and the first payment is received.
- 2. Requested dates and quoted rates are guaranteed upon receipt of signed contract, initialed Guidelines & Conditions, and the first payment.
- 3. Your reservation is based on the number of expected participants, as listed on the Contract.
- 4. Initial estimates are subject to change as participant numbers and other conditions may evolve.
- 5. Facilitators receive an Addendum to Contract, for review and signature that reflects changes to the contract. Any updates that affect the reserved lodging spaces should be passed on as soon as possible.

# Payments

- 1. Payments for events are made in installments and are detailed in the contract.
- 2. The 1st payment is 20% of the total contract amount, with a minimum of \$1,000, and is due upon signing of the contract.
- 3. The 2nd payment is 40% of the total contract amount and is due 45 days prior to the arrival date.
- 4. The 3nd and final payment takes place on the day of arrival, based on the final number of participants.

#### **Cancellation Policy**

- 1. All payments are non-refundable. However, cancelled events can be rescheduled or repurposed within one year.
- 2. Your payments up to that point, minus the initial 20% fee, will be applied to the new scheduled event.
- 3. An additional payment will be required prior to establishing a new event date.
- 4. Cancellations within 30 days of the scheduled event are not eligible to be rescheduled.
- 5. In case of a cancellation by Angel Valley, there will be a 100% refund of any amounts paid.

# \* Required Paperwork

- 1. Completed Application
- 2. Signed contract and the Guidelines & Conditions initialed and signed.
- 3. Completed Meal Questionnaire.
- 4. Schedule of the group's agenda, so Angel Valley can best schedule housekeeping, etc.
- 5. Signed Acceptance of Responsibility for each participant and facilitator.
- 6. Participant List for room assignments, including special requests like roommates or bathroom needs.

Facilitator's Initials indicating understanding and acceptance:

#### **CHECK-IN AND CHECK-OUT**

# **Check-in:**

- ❖ Check-in is from 1:00 PM to 5:00 PM on the group's day of arrival. Angel Valley's gate closes at night, yet is not locked. For late arrivals, please, notify the office and have a cell phone number available.
- \* Facilitators, together with Angel Valley staff, are checking in group participants.
- Angel Valley staff will assist guests with their luggage and guide them to their accommodations.

#### **Check-out:**

- ❖ Check-out is at 11:00 AM unless other arrangements have been made.
- \* Facilitators and participants are requested to evaluate their stay by filling out an evaluation form. We appreciate you sharing any comments, including constructive criticism, to improve our services.
- \* Before leaving the premises, we require facilitators to contact the office.

#### WHAT TO BRING:

- Flashlight outdoor lighting is minimal, honoring our famous Arizona clear night sky.
- \* Water bottle.
- Clothing in layers evenings/mornings can be cool, with wintertime temperatures in the 20's (November thru March).
- Comfortable / hiking shoes slippers / socks for inside the buildings.
- ❖ In the summer (April thru October): bathing suit and bathing towel for swimming in the creek sun hat & sunglasses.

#### **OTHER GENERAL GUIDELINES:**

#### Some basics:

- ❖ Cell phone reception is limited. Telephone is available in the Angel Lodge/Dining Room (928) 634-4450.
- The office can be reached any time at (928) 634-1320. Messages can be left if the phone is not answered.
- ❖ Wi-Fi is available only in or near the office, not in the rooms or in the cabins.
- For directions, map, or shuttle costs & schedule see: <a href="www.angelvalleysedona.com/contact.php">www.angelvalleysedona.com/contact.php</a>

# Respecting the Sacredness of Angel Valley's Land, Intention, Energy and Environment:

- No smoking, alcohol, marijuana or other recreational drugs, or fire arms are permitted on the premises at any time.
- No scented candles, incense, scented aerosol products, perfumes, aftershave, heavily scented lotions, oils and soaps, out of consideration for individuals with sensitivities.
- \* The bathrooms contain environmentally friendly shampoos and soaps, and a hairdryer.
- No fires without permission from Angel Valley staff. Be extremely cognizant to prevent wild fires.
- Limited driving on the premises, only for loading purposes. Parking in designated areas only.
- Facilitators must ensure that their participants are familiar with and comply with the house rules of Angel Valley.

# Awareness of the Land, the Climate & the Environment:

- ❖ Angel Valley is a close-to-nature facility. Prepare emotionally and practically.
  - We share the environment with plant and animal life. Should you encounter a scorpion, tarantula, snake (which is not common, yet possible) or other native wild animal, we invite you to contemplate the message or gift it is offering you.
  - In the rare case you are bitten or stung, please notify the office for First Aid procedures.
- Sedona is high desert country. *Drink lots of water*. Guard against over-exposure to the sun.
- ❖ Inform yourself of dressing needs in desert climate in Arizona, both in summer and winter, where the day an night temperatures are usually far apart. Dress in layers!
- The water from all the taps comes from our wells and is excellent for drinking.
- Recycle as much as possible. Please, re-use water bottles and cups.

Facilitator's Initials indicating	g understanding	and acceptance:	
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Liability:					
All Facilitators and Participants are required to sign a Acceptance of Responsibility prior to or upon arrival!					
Angel Valley cannot be held liable for any personal belongings, or your vehicle.	direct or indirect claim, incident, loss, or damage to your person, your				
I have read, I understand, and I agree to	these Guidelines, Terms and Conditions!				
Please, return this document with your initial Keep a copy for yourself!	s, together with the Signed Contract.				
Dated:	Dated:				
Name of Facilitator Facilitator for:	Michael Hamilton, General Manager Angel Valley Sedona				