

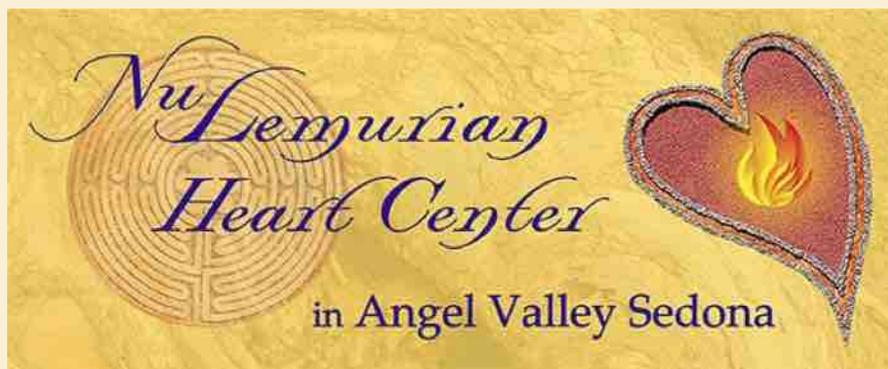
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Hi, just a reminder that you're receiving this email because you have expressed an interest in Angel Valley Sedona. Don't forget to add amayra@angelvalley.org to your address book so we'll be sure to land in your inbox! If you prefer not to receive our newsletter, please, contact us!

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NuLEMURIA in Angel Valley Sedona



NuLEMURIA Emerging In The World

June 14, 2019 - Issue 2019 #1

[Visit Our Website](#)

Dear Angel Valley Friends,

Since our newsletter at the end of 2018, so much has happened!

Traveling was in the air then, and traveling is in the air now.

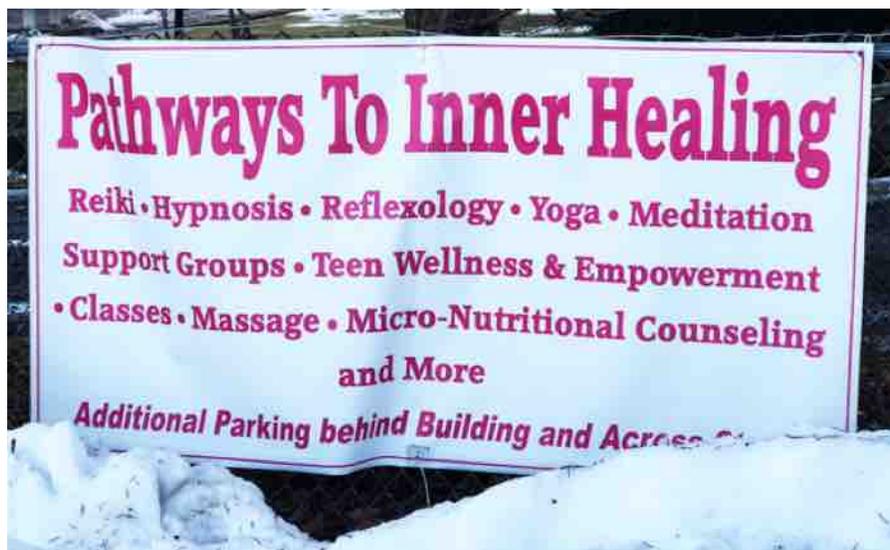
The NuLEMURIAN 5th-Dimensional Teachings want to be shared!

These teachings are all about loving yourself more than anyone or anything!

NuLEMURIA, a Sacred Oasis, is a rebirthing of Lemuria. It's estimated that 15% of mankind has a connection with Lemuria. At Angel Valley we increasingly have people visiting who are aware of their Lemurian connection.

Our focus on HEART-OPENING is increasing in resonance every day.

Michael & Amayra have a passion to expand beyond Angel Valley and to have NuLEMURIAN Heart Centers around the World. The concept is open and flexible, co-creating with those who feel a deep connection within their heart to collaborate. During their travel earlier this year, the first Center was established in Moscow, Pennsylvania. Nora Riley and her team stepped on board with hearts bursting of excitement.



Presentation at Pathways to Inner Healing, Moscow, PA

Michael and Amayra are traveling this summer. They are in Europe in June. Even though Amayra has visited her family in The Netherlands regularly over the years, for Michael it is the first time in 20 years that he is joining her. After Holland, a few other countries will be visited. Upon their return to the US mid July, they will be traveling in the northern United States and Canada

They may be in your neighborhood in the next few months. It would be very exciting for them if they could visit with you, your family and friends to share the message they bring of the NuLEMURIAN Teachings.

You can reach them by emailing michael@nulemuria.love.

While Michael and Amayra are traveling, we have a 'Heart-Centered Team' to manage Angel Valley and to continue hosting Retreats for Individuals, Groups and Day Visits. Recently, we added the option to make reservations through AirBNB.



Angel Valley's Heart-Centered Team: Elizabeth, Nathalie, Michael D., Roxanne, AngelHeart

We are all excited about the possibilities and the opportunities to meet you, whether in Sedona at NuLEMURIA/Angel Valley or somewhere around the World.

If you have any comments or questions for us, feel free to contact us: info@angelvalley.org or by phone (928) 634-1320.

Please, check us out on the web at www.AngelValleySedona.com

Our Team and their Gifts

You will meet AngelHeart or Elizabeth on the phone, responding to your emails or welcoming you when you are visiting or staying at Angel Valley. In addition, we are excited about all the talents these two wonderful women and the rest of the practitioners team members bring.

AngelHeart is a warm and wise person to meet for an Angel Walk or Vortex Tour, a reading or counseling session.

Elizabeth does phenomenal massages, both full body using essential oils and chair massages by the creek.



Elizabeth during a Chair Massage by the creek

[Luana](#) is another massage practitioner in our team, whose healing hands are a blessing to experience.

[Nathalie](#) is a gifted reader, offers spectacular Quantum Healing Hypnosis Therapy sessions and other deep-digging options.

[Christina](#) has a solid background in intuitive readings, animal totem readings and Reiki.

[Jane](#) is an expert in yoga, offering individual sessions, and in women/goddess spirituality.

[David](#) is THE example of healing your emotional issues by following your passion.

[Daniel](#)'s sound healing sessions are beyond anything you ever experienced.

And, last but not least, [Cara Marie](#), who has been with us for many years, has a variety of tools in her tool bag, from Reiki in the labyrinth, to teaching how to meditate, to EFT and entity clearing.



Cara Marie during a Reiki session in the Chartres Labyrinth, utilizing tuning forks

Please, visit the [Practitioners Team](#) page and read their bios!

From Angel Messages to Heart-Opening Messages

The deck of cards that Michael created as a result of 25 years of finetuning the affirmations he has been using, given a graphic form by Amayra, has gone through a transformation. The first edition was named 'Angel Messages', the second became 'Attunement Cards', and the third edition that recently came out is called 'Heart-Opening Messages'. Each time the contents were also slightly refined. The set now consists of 52 affirmations, one card with the basic philosophy behind the cards, and one card with instructions on how to best use them. Michael has experienced much excitement in sharing the cards with others.



If you are interested in purchasing a deck at \$20, contact Michael at michael@nulemuria.love. Shipping is possible.

Angel Valley has a new rackcard!

Have a look!!



For Day Visits, visit www.angelvalleysedona.com/dayvisit.html
 For information on Lodging, visit www.angelvalleysedona.com/lodging.html
 For information on Retreats and Groups,
 visit www.angelvalleysedona.com/pages/retreats/groupretreat.html
 For information on upcoming group events,
 visit www.angelvalleysedona.com/pages/events/upcoming.html

Mother Nature in 2019 and New Choices

During our travels through the northern states in January, we, Michael and Amayra, experienced the Polar Vortex, which we survived remarkably well and without any issues. Back at Angel Valley, in February we had the highest water of our beautiful Oak Creek that we have had since the major flood in 2004. The creek came over the Rainbow Bridge. When that happens she comes deafeningly roaring, wild and red-brown, and loaded with huge trunks and other debris.

Once again, we were in awe of the power of nature. The real inconvenience did not last long, other than having no foot bridge for the next 2 months. We did have to be creative serving food on time for our 17 retreatants.

The aftermath in work and expense to clear and repair things has been considerable. That then made us decide what we had been considering for a while: to raise our Day Visit fee to \$30 per person, with locals paying

half the amount. The fee had not been changed in 17 years. Taking into consideration how many people share their life-changing experiences with us, we feel this was the right time for us to solidify the continuation of our work.



High water, as we saw it on February 15th.
On the left side of the large sycamore tree the posts of the foot bridge are visible.

Two weeks later we had an unusual amount of snow. Magnificently beautiful!



Our guests could still accomplish what they came to Angel Valley to do.



Visit Angel Valley Sedona

Come for a Day Visit to Angel Valley and enjoy our magical sacred sites: the Chartres Labyrinth, the 7-Circuit Labyrinth, the Ancestor Wheel, the Angel Wheel, the Water Wheel, the Angel Sites and the Vortex Circles.



The prickly pears had abundant flowers this year!

We are looking forward to welcome you at NuLEMURIA in Angel Valley in the near future!

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